

# The oyal Treatment Veterinary Center

## Diet Change Notes:

When changing foods, be sure to do it **SLOWLY**-over about 10 to 14 days, a little at a time. Each day increase the new food as you are taking away the old food.

**Day 1: 90% old food, 10% new food**  
**Day 2: 80% old food, 20% new food**  
**Day 3: 70% old food, 30% new food**  
**Day 4: 60% old food, 40% new food**  
**Day 5: 50% old food, 50% new food**  
**Day 6: 40% old food, 60% new food**  
**Day 7: 30% old food, 70% new food**  
**Day 8: 20% old food, 80% new food**  
**Day 9: 10% old food, 90% new food**  
**Day 10: 100% new food**

During food changes you can help the GI tract adjust its normal bacteria by giving a dairy-free lactobacillus/acidophilus-type supplement (we carry one here, and you can get others at pharmacies & natural grocers).

You can also keep stool firm by using **mashed white (russet) potatoes** and/or gloopy (add extra water during cooking) **over-cooked white rice** (not minute rice) to the food (about 1 Tbsp per 30#).