

Let's Eat!

For pets that need encouragement to eat

*The foods on this list should not replace your pet's fresh balanced diet.

Remember that natural, organic and sustainable sourcing with humane treatment of food animals should be a consideration for all purchases where possible. Avoid sugars and chemicals.

Try Heating the food, using an oven, stove top or pour boiling water (or broth) on top (not in microwave as it dulls smells)

Add on top or mix in -

Tripe - fresh tripe is best, but if you don't have access to the fresh stuff, canned may work too. Butter (hot poured on top, or mix soft into food) and can also use a couple pats of butter as a pill pocket Bone Broth (any meat source)

Other meat broths like chicken broth, beef broth, turkey broth

Goat cheeses (better than cow cheeses to avoid inflammation)

Goat milk, Goat yogurt

Cow yogurt

Cream cheese, other cheeses

Sour cream

Parmesan Cheese, grated, shredded, flaked

Liverwurst

Meat Baby Food

Organ meats, either fresh, cooked, freeze dried (like freeze dried hearts are highly palatable and both dogs and cats love them)

Tuna Juice

Leftover Cooked Meats

Ground meat – raw or cooked

Rotisserie chicken/turkey/pheasant/Cornish hen...

Deli Meats (natural)

Fish flakes (Note: Avoid fish skins (skin/fat is where fish store the many toxins they encounter in the water, so it is not a healthy supplement).

Scrambled eggs

Vanilla ice cream

Sardines

Shrimp (cooked)

Canned Salmon (no raw salmon- a parasite in it can be toxic to dogs)

Cooked Bacon crumbles (natural only) or bacon grease

Lamb Lung treats crumbled

Freeze dried raw foods (either dog or cat food) can be crushed and sprinkled on foods.

For dogs, Cat Food can be pretty enticing. Try frozen raw, canned or freeze dried raw (use low carb natural foods)

Remember that **smell** whets the appetite. Try cooking some yummy food on a stove (not in a microwave, which dulls smell) to get smells of cooking in the air. Cook meats in butter, sausage, bacon, eggs, garlic, mushrooms, etc. and offer a little with your pet's food.

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