

The Royal Treatment

Veterinary Center

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Understanding Your New Recipe

When you first receive a custom diet or assessment, it can contain an overwhelming amount of information. Most of this information is for your own knowledge and will not play a large role in how you assemble and feed your pet. By using this guide, you'll know what to look for on each recipe so that you can get started on making your pet's new food right away! If you have any diet related questions or concerns, please call or email our office.

What Matters Most -

Any recipe you receive will be two pages, with multiple tables on each page. These tables help break down a recipe into constituent parts - ingredients, macronutrient analysis, macronutrient information, minerals, vitamins, fats, and amino acids. Only the **ingredient and macronutrient information** tables are needed to make and serve the recipe.

Grams	Pounds	Ounces	Percent	Ingredient
454.0000	1.00	16.00	62.55%	beef, ground, 93% lean, raw
113.5000	0.25	4.00	15.64%	carrots, raw
113.5000	0.25	4.00	15.64%	beans, snap, green, raw
28.3750	0.08	1.00	3.91%	beef, liver, raw
5.0000	0.01	0.18	0.69%	hempseed
5.0000	0.01	0.18	0.69%	Greenmin for Dogs, Peter Dobias about 4g/ tsp
5.0000	0.01	0.18	0.69%	NOW kelp powder
1.1500	0.00	0.04	0.16%	cod liver oil
0.3000	0.00	0.01	0.04%	Standard Process Vit E wheat germ oil frtfd 50 IU, 0.3 g/perle
725.8250	1.60	25.58	100.00%	

The ingredient panel shows in order from largest to smallest amount, each ingredient needed to make a recipe batch. The columns for grams, pounds, and ounces is the weight measurement of each ingredient. We highly recommend purchasing a digital food scale, several inexpensive and reliable brands are available online for \$10 - \$30. The bottom line in bold shows the total amount of food produced with each batch. Batch size may vary between recipes.

MACRONUTRIENT INFORMATION*	
total kcal in recipe	829
kcal per oz	32
kcal per pound	519
kcal / day	
recipe makes, # of days	
kcal / kg	1,143
kcal per kg DM	4,697
grams to feed per day	
ounces to feed per day	

Once your recipe has been assembled, use the macronutrient information panel to determine how much to feed. Each recipe will show the # of days each recipe batch will make. The bottom two lines (highlighted) will show, by weight, how many grams or ounces to feed daily. You may divide this amount into however many feedings you are currently offering your pet. This information is based on patient age, activity, and weight goals. While feeding a recipe, take note of whether your pet seems to be easily losing or gaining weight. We can adjust the amount to feed based on your input.



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Language! -

When reviewing each ingredient you will see several terms, some abbreviated, that distinguish each ingredient and how it should be included in the diet. Below is a list of the most common terms and abbreviations:

Raw	Uncooked (as-is)	Pan-Fried	Cooked on stovetop
Braised	Pan-fried, then cooked covered in a small amount of liquid	Boiled	Cooked on stovetop completely covered with water or similar liquid
Canned	From a can, already cooked, ready to eat	Steamed	Cooked with moist heat, no direct cooking in water
Pickled	Preserved in liquid	Drained	All liquid removed from packaging and/or cooking
Frz drd	Freeze dried	w/o	Without
W	With	Mt	Meat
Skn	Skin	Sep fat	Separable fat (can be trimmed)
Rfs	Refuse - indigestible animal components	Conn	Connective tissue
Lmtd	Limited	Trmmd	Trimmed
Ret	Retail	Cts	Cuts
Lvs	Leaves	Incls	Includes
Min	Minimum	brlrs/fryrs	Broilers/fryers chickens - average 2.5 - 3.5 pounds
Cooked	Any variation of cooking unless otherwise specified		

Units of Measure

Certain ingredients come in special forms (tablets, capsule, perles, etc.) and are not easily measured for use in diets. To help make diet assembly easier, additional information about the weight of capsule, perles, liquids per teaspoon, etc. are included with certain ingredients and will also contain abbreviated units of measure:

mcg	microgram	tsp	teaspoon
mg	milligram	tbsp	tablespoon
g	gram	IU	International Units